

# MEDICATION INSTRUCTIONS FOR ENDOSCOPY ~ ERCP ~ BRAVO

If you have any questions regarding your medications or preparation, call 850-747-0825 between the hours of 7 a.m. and 3 p.m.

NAME:	CHART #:	DR:	
DATE:	ESTIMATED ARRIVAL TIME:		
FACILITY	LOCATION	FACILITY	LOCATION
Northwest Florida Gastro	204-B East 19th St (Main	Gulf Coast	Outpatient Surgery
Center	Office)	Hospital	Center
Bay Medical Center	2 <sup>nd</sup> Floor Registration	Jackson Hospital	Main (Front) Entrance

<u>Arrange a ride to and from procedure:</u> You WILL NOT be permitted to drive for 24 hours after procedure(s) due to anesthesia. Make arrangements for a family member or friend to drive you home.

#### Length of stay at facility: 3 to 4 hours

<u>3 days before procedure(s) STOP taking the following medications:</u> Vitamin E, Ginko, Ginger, Fish Oil, Garlic, Iron, Fiber Supplements, NSAIDs (Examples: Ibuprofen, Motrin, Celebrex, Mobic, Naproxen/Naprosyn)

#### TYLENOL or Acetaminophen is okay.

## The DAY BEFORE THE PROCEDURE:

IF you are scheduled at Northwest FL Gastro Center, expect a call confirming your appointment and FINAL arrival time.

# \*NOTHING TO EAT OR DRINK AFTER MIDNIGHT\*

## The DAY OF the procedure:\*NOTHING TO EAT OR DRINK AFTER MIDNIGHT\*

- Do not take any diabetic/glucose medication(s) the morning of the procedure *UNLESS* otherwise instructed by your doctor.
- Take blood pressure, heart, seizure, breathing, anti-reflux, thyroid, and/or mental health medications as prescribed, 3 hours prior to arrival, with no more than 2oz of water.

\*If you are a smoker, please refrain from smoking the day of your procedure. This includes – e-cig, cigars, pipe, cigarettes, and marijuana.

Bring with you to your procedure: Picture I.D., Insurance Card(s), a list of your current medications, and a contact number for your ride.