



COLONOSCOPY INSTRUCTIONS with NULYTELY (Split-Dose Prep)

If you have questions regarding your medications or preparation, call 850-747-0825
between the hours of 7 a.m. and 3 p.m.

Name: _____ Chart#: _____ Dr: _____

Date: _____ Estimated Arrival Time: _____

FACILITY	LOCATION	FACILITY	LOCATION
Northwest Florida Gastro Center	204-B East 19 th St (Main Office)	Gulf Coast Hospital	Outpatient Surgery Center
Bay Medical Center	2 nd Floor Registration	Jackson Hospital	Main (Front) Entrance

Arrange a ride to and from procedure: You **WILL NOT** be permitted to drive for 24 hours after procedure(s) due to anesthesia. Make arrangements for a family member or friend to drive you home.

Length of stay at facility: 3 to 4 hours

7 days before procedure(s): Have prescription filled at your pharmacy

3 days before procedure(s) STOP the following medications: VITAMIN E, GINKO, GINGER, FISH OIL, GARLIC, IRON, FIBER SUPPLEMENTS, NSAIDS (Examples: ibuprofen, motrin, Celebrex, mobic, naproxen/naprosyn)

2 days before procedure(s):
Begin a low-residue diet (See attached)

Day before procedure(s):
DO NOT EAT ANY SOLID FOODS, you are to drink liquids ALL DAY (See attached)
You CANNOT drink any red, purple, milk/creamy liquids

5:00 p.m. add water to bowel prep container. Once completely filled, shake well for about 1 to 2 minutes.
6:00 p.m. begin drinking 8 ounces of the prep solution FOLLOWED by a "clear" liquid every 15 minutes until HALF of the prep is consumed. Do not throw away remaining solution. CONTINUE CLEAR LIQUIDS UNTIL MIDNIGHT

Morning of procedure(s): DO NOT EAT
FIVE HOURS before arrival, DRINK remaining prep
FOUR HOURS before arrival, TAKE blood pressure, heart, seizure, breathing, anti-reflux and/or thyroid medications with 2 ounces of water. **NO LIQUIDS AFTER THIS POINT!!!!**
Bring with you to your procedure(s): PICTURE I.D., INSURANCE CARD(S), a list of your current medications, and a contact number for your ride.
***If you are a smoker, please refrain from smoking the day of your procedure. This includes – e-cig, cigars, pipe, cigarettes, and marijuana.**

To reach our procedure scheduling department, please call 850-392-1507.